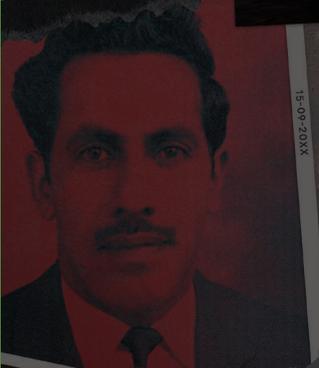


BRITISH ASIAN KITCHEN



ALLERGEN INFORMATION

FLAVOURS FROM A JOURNEY

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SUPPORT THE CAMPAIGN TO SAVE THE BRITISH CURRY INDUSTRY
I SUPPORT THE CAMPAIGN TO SAVE THE BRITISH CURRY INDUSTRY
SAVE THE LOCAL CURRY HOUSES PLEASE!
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BRITISH ASIAN KITCHEN

RESTAURANTS / EVENTS / ONLINE



Food & Drink Allergen Matrix: 01/03/26

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APPETISERS Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten	
Cheesy Garlic Naan															WHEAT
Chilli Cheesy Nuggets		MAY CONTAIN													WHEAT
Chicken Tortilla Strips															WHEAT
Cheesy Garlic Bread															WHEAT
Breaded King Prawns		MAY CONTAIN		MAY CONTAIN											WHEAT
Combo Platter		MAY CONTAIN		MAY CONTAIN											WHEAT
Sweet & Crispy Chicken		MAY CONTAIN		MAY CONTAIN											WHEAT
Meat Seekh Kebab															
Chicken Seekh Kebab															
Onion Pakora		MAY CONTAIN													WHEAT
Fish Pakora		MAY CONTAIN		MAY CONTAIN											WHEAT
Plain Paratha								MAY CONTAIN							WHEAT
Potato Paratha								MAY CONTAIN							WHEAT
Meat Samosa		MAY CONTAIN		MAY CONTAIN											WHEAT
Veg Samosa		MAY CONTAIN													WHEAT
Cheesy Keema Samosa		MAY CONTAIN													WHEAT
Meat Samosa Chaat		MAY CONTAIN		MAY CONTAIN											WHEAT
Veg Samosa Chaat		MAY CONTAIN		MAY CONTAIN											WHEAT
Papri Chaat															WHEAT
Stuffed Mushrooms															WHEAT

ALLERGEN MATRIX KEY

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 - MAY CONTAIN

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SIDES Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
RICE														
Seasoned Rice		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Pilau Rice		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Steamed White Rice														
Egg Rice with Peppers		MAY CONTAIN												
DESI BREAD														
Naan Bread								MAY CONTAIN						WHEAT
Garlic Naan														WHEAT
Tandoori Roti							MAY CONTAIN	MAY CONTAIN	MAY CONTAIN					WHEAT
Chappati									MAY CONTAIN					WHEAT
Popadom							MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			WHEAT
POTATO, VEG & FRIES														
Fries							MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Piri Piri Fries	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Steak Cut Chips							MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Sweet Chilli Chips	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Potato Wedges							MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Mash Potato														WHEAT
Salad Bowl														
Onion Rings							MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			WHEAT
Noodles							MAY CONTAIN							WHEAT
Mixed Vegetables							MAY CONTAIN		MAY CONTAIN					
SAUCES														
Curry Sauce		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Raita		MAY CONTAIN		MAY CONTAIN				MAY CONTAIN		MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Red Onion Dip										MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		
Mango Chutney										MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		

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SAUCES															
BBQ Sauce															
MyLahore House Sauce															
Creamy Pepper Sauce															
Sweet Chilli Sauce	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN											
Garlic Mayo	MAY CONTAIN	MAY CONTAIN							MAY CONTAIN	MAY CONTAIN				MAY CONTAIN	
Mint Sauce															
Chilli Sauce	MAY CONTAIN	MAY CONTAIN							MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN
House Mayonnaise															
Tomato Ketchup											MAY CONTAIN				

FLAME GRILLS, BURGERS & STEAKS Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
HEALTHY BITES														
Baked Salmon with Avo	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN										WHEAT
ULTIMATE FLAME GRILLS														
Chicken Fillet Steak														WHEAT
Special Mixed Grill	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN					
CLASSIC BURGERS														
Smash Burger											MAY CONTAIN			
Chicken Burger	MAY CONTAIN	MAY CONTAIN												
Grilled Fish Burger	MAY CONTAIN	MAY CONTAIN												
Thai Vegetable Burger											MAY CONTAIN			
Crispy Chicken Burger	MAY CONTAIN	MAY CONTAIN									MAY CONTAIN			

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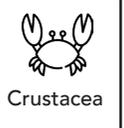
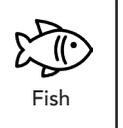
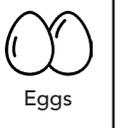
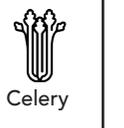
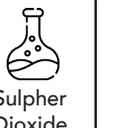
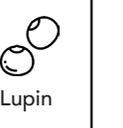
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FLAME GRILLS														
Chicken Breast Grill	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN					
Flaming Mutton Chops	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					
Signature Lamb Chops	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					
Chicken Wings	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN					
Grilled Paneer Tikka	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN					MAY CONTAIN		
Malai Tikka		MAY CONTAIN		MAY CONTAIN				MAY CONTAIN						MAY CONTAIN
SEAFOOD														
Grilled Sea Bass	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN		WHEAT
Fish Grill	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		

CURRIES & SPICE Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
BIRYANI														
Dum Biryani	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN		MAY CONTAIN		
Chicken Biryani	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Vegetable Biryani	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Meat/Keema Biryani	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Prawn Biryani	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
HOME FAVOURITE CURRIES														
Butter Chicken	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				
Chicken Tikka Masala	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN							MAY CONTAIN
Lamb Handi	MAY CONTAIN	MAY CONTAIN								MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Chicken Handi on bone		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Chicken Achari Karahi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Meat/Keema Achari Karahi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN

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CURRIES & SPICE Dish name														
CLASSIC CURRIES														
Chicken Korma	MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN
Meat, Keema or Fish Korma	MAY CONTAIN			MAY CONTAIN			MAY CONTAIN					MAY CONTAIN		
Prawn Korma	MAY CONTAIN			MAY CONTAIN								MAY CONTAIN		MAY CONTAIN
Chicken Dopiaza	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Meat, Keema or Fish Dopiaza	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		
Prawn Dopiaza	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Chicken Karahi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Meat, Keema or Fish Karahi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		
Prawn Karahi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Chicken Jalfrezi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Meat, Keema or Fish Jalfrezi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN			MAY CONTAIN		
Prawn Jalfrezi	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Chicken Masala	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Meat, Keema or Fish Masala	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		
Prawn Masala	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN		MAY CONTAIN		MAY CONTAIN
Lamb Nihari	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				
Lahori Chicken Karahi		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Flaming Chops Masala	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN					

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VEGETARIAN CURRIES														
Channa Karahi		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Daal Tarka		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Aloo Palak	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN					MAY CONTAIN	MAY CONTAIN				MAY CONTAIN
Palak Paneer		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN
Vegan Karahi		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				MAY CONTAIN

GLOBAL FLAVOURS & LIGHTER BITES Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
PLANT BASED														
Vegan Stir Fry		MAY CONTAIN		MAY CONTAIN			MAY CONTAIN			MAY CONTAIN	MAY CONTAIN			
HOME FAVOURITES														
Chicken Manchurian		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			
Chicken Szechuan		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			
Loaded Nachos Plain	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN			MAY CONTAIN				MAY CONTAIN
Loaded Nachos Chicken/Keema	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN			MAY CONTAIN				MAY CONTAIN
Desi Fish & Chips	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN	MAY CONTAIN				MAY CONTAIN			MAY CONTAIN		MAY CONTAIN
PASTA, LASANGE & MORE														
Baked Parmesan	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				
Chimichurri Steak Med														
Chicken Pasta	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN		
Keema Pasta		MAY CONTAIN		MAY CONTAIN						MAY CONTAIN	MAY CONTAIN			
Vegetable Pasta							MAY CONTAIN							
Chicken Crispers	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN				MAY CONTAIN	MAY CONTAIN				
Meat Lasagne	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				
Chicken Lasagne	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN						MAY CONTAIN				

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DESSERTS Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
OLD SCHOOL PUDDINGS														
Cornflake Tart	MAY CONTAIN	MAY CONTAIN						MAY CONTAIN				MAY CONTAIN		
Jam Roly Poly	MAY CONTAIN	MAY CONTAIN					MAY CONTAIN					MAY CONTAIN		
Chocolate Sponge Pudding	MAY CONTAIN	MAY CONTAIN												
Sticky Toffee Pudding	MAY CONTAIN	MAY CONTAIN						MAY CONTAIN						
Apple Crumble & Custard	MAY CONTAIN	MAY CONTAIN						MAY CONTAIN				MAY CONTAIN		
Jam Coconut Sponge	MAY CONTAIN	MAY CONTAIN						MAY CONTAIN						
HOME FLAVOURITES														
Fresh Waffles	MAY CONTAIN													
Red Velvet Cake	MAY CONTAIN													
Molten Cake														
Chocolate Fudge Cake														
Chocolate Fudge Brownie	MAY CONTAIN													
Peanut Caramel Sensation														
San Sebastian Cheese-cake	MAY CONTAIN	MAY CONTAIN												MAY CONTAIN
Chocolate Ganache Cake	MAY CONTAIN	MAY CONTAIN												
Dream Cake		MAY CONTAIN												
Tiramisu	MAY CONTAIN	MAY CONTAIN												
Cookie Dough	MAY CONTAIN	MAY CONTAIN												

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DESI CLASSICS														
Falooda				MAY CONTAIN				MAY CONTAIN		MAY CONTAIN	MAY CONTAIN			MAY CONTAIN
Gajrela with Ice Cream	MAY CONTAIN			MAY CONTAIN							MAY CONTAIN			
SUNDAES & ICE CREAM														
Daddy Crunch	MAY CONTAIN													
Oreo Cookie	MAY CONTAIN													
Chocolate & Vanilla Fudge Brownie	MAY CONTAIN													
Strawberry Delight	MAY CONTAIN													
Ice Cream (All)	MAY CONTAIN	MAY CONTAIN												MAY CONTAIN
Raspberry Sorbet	MAY CONTAIN	MAY CONTAIN					MAY CONTAIN		MAY CONTAIN					MAY CONTAIN

DRINKS Dish name	 (Peanuts) Ground Nut	 Tree Nuts	 Molluscs	 Sesame Seeds	 Crustacea	 Fish	 Eggs	 Soya	 Milk	 Celery	 Mustard	 Sulphur Dioxide	 Lupin	 Gluten
MOCKTAILS														
Strawberry Heaven														
Passiontastic														
Virgin Mojito														
LASSI														
Mango Lassi														

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MILKSHAKES														
Hazelnut Treat (Ferrero Rocher)	MAY CONTAIN													
Vanilla	MAY CONTAIN													
Chocolate	MAY CONTAIN													
Mango	MAY CONTAIN													
Daddy Crunch (Oreo)	MAY CONTAIN													
Creamy Hazelnut (Kinder Bueno)	MAY CONTAIN													
Bubblegum	MAY CONTAIN													
Strawberry	MAY CONTAIN													
Kulfi	MAY CONTAIN													
HOT DRINKS														
Cappuccino														
Espresso														
Latte														
Americano Coffee														
Fresh Mint Tea														
English Tea														
Green Tea														
Dood Patti Chai	MAY CONTAIN	MAY CONTAIN							MAY CONTAIN			MAY CONTAIN		MAY CONTAIN
Hot Chocolate														

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